



ABOUT HELENE SILVER

Helene Silver has an extensive background in natural and alternative health modalities. She has been a holistic coach, detoxification therapist, nutritionist, and naturopathic practitioner since 1979.

She founded and has directed the Inner Beauty Institute in Sausalito, California, since 1980. She relocated to Sonoma, California, in 2004.

Helene is a certified health and medical intuitive and is the author of the anti-aging books **THE BODY SMART SYSTEM: The Complete Guide to Cleansing and Rejuvenation** (1995) and **REJUVENATE: A 21 Day Natural Detox Plan for Optimal Health** (1998).

In addition to the Life System, Helene offers individualized health and wellness coaching and internal cleansing programs including detox diets and gentle colon hydrotherapy. She is also a Baptiste Yoga instructor and offers classes and private sessions.

You may contact Helene via telephone at:
415 332 6566 or 707 933 9378

or through her web site at:
www.helenesilver.com

Your Life Sessions

Sessions with **The Life System** are done both in person and remotely. In the case of remote sessions, a Polaroid photograph and hair sample are needed. We will have a phone or e-mail conversation both before and after your session so that you will know the findings of the energetic assessment and what feedback has been administered.

The initial Life session is scheduled for approximately three hours. Sessions thereafter are scheduled for approximately two hours.

Typically, 6-12 sessions are recommended, depending on the particulars being addressed and your cooperation in the healing process. The sessions are spaced either weekly, bi-weekly or monthly. Although effects are usually experienced in the first session, it seems to take several sessions for the healing frequencies to begin to manifest lasting change.

If you are experiencing an acute health or emotional challenge and are an established client, a brief and focused support session is also available by phone.

There is also an animal and pet-specific program. This works similarly and is generally done remotely using the animal's photograph and hair sample.

The Life session is totally painless, and no harmful side effects have been observed. Nevertheless, during or after the session, a healing reaction such as extreme fatigue or some inner unease may occur. To assist in detoxification, drink lemon water and detox tea at least once daily. Take detox baths or steams, cleanse the bowels, and eat a simple but nourishing diet.

"I recommend Helene's work on the Life System very highly. Every time she works on me, I notice profound changes with both physical and emotional challenges. An acute stiff neck improved immediately, a strong sense of depression improved just after the session, my head has felt clearer and my energy more stable. I look forward to continuing the process of unpeeling the layers to reclaim my core health."

— Dr. Connie Kennedy

For pricing and other testimonials, visit helenesilver.com.

No medical or curative claims are possible for the LIFE SYSTEM, and no such claims are made. A Life session should not replace a visit to your medical doctor.

Get biofeedback on each and every cell

The L.I.F.E. System

Living Information Forms Energy



The latest in cutting edge technology, working with the body's subtle energy

The Life System is a revolutionary breakthrough in the field of preventive healthcare and vibrational medicine.

The Life System is a computer-based biofeedback device which can deal with chronic as well as acute health challenges, anti-aging, cosmetic and weight-related issues, sports injuries, and emotional balancing. **The Life System** encompasses the largest health software in the world and provides a holistic view of your current state of health.

For 3,000 years it has been known in Chinese medicine that energetic meridians or pathways direct the organs' activities, and that these activities are subject to rhythmical vibrations. Actually, the roots of energetic medicine, upon which **The Life System** is based, go back to Ayurvedic Medicine, Acupuncture and other ancient healing disciplines and, more recently, to the various Bioresonance therapies used widely throughout Europe and Canada.

In fact, **The Life System** is the culmination of over 20 years of research in Bioresonance, which measures the electromagnetic frequencies of the body and provides comprehensive and accurate energetic analysis. **The Life System** gives a voice to the subconscious and allows the body to speak of its character from the inside out. We are able to identify hidden information about how your body is stressed, and what we can do to relieve that stress.

The goal of **The Life System** is to reduce or eliminate the pathological vibrations and, at the same time, strengthen the healthy physiological ones.

The Life System scans the client's body like a virus-scan on your computer, looking for everything from deficiencies and weaknesses to sensitivities and abnormalities. The information provided is fundamentally different from X-rays, blood tests and other medical assessments, as it allows us to go beneath the surface to find the root cause of the health imbalance. It tells us about the energetic state of one's body and the direction in which the body is focusing its energy.

The reactivity scan offers an overall picture of your health situation, which systems and organs are affected, whether allergic or inflammatory or degenerative processes are involved, whether your self-healing power is vital, and whether there are emotional factors involved.

There is an equally specific mental and emotional evaluation to determine your specific stress and conflict factors and to provide deep release and balance.

A Life Session

A LIFE session is a safe, gentle, non-invasive stress management session utilizing the latest in biofeedback technology to balance your health and emotional patterns.

You, the client, receive an "energetic assessment" and bio-feedback, which correct and clear whatever imbalances show up. A harness, which consists of a headband, ankle and wristbands, connects the client to the computer. During the assessment or reactivity test, approximately



7,000 verifiably accurate signatures are sent through the harness. The client

silently and passively reacts to the input, and the computer program prioritizes the reaction. The

practitioner then directs feedback into the client's body through the harness. This feedback stimulates the body's immune and energy systems to promote energy flow and the release of stress, both of which create a harmonious state conducive to increased health.

If the client is receptive, this system is also quite successful from a distance and is received as energetic healing frequencies.

Quantum Technology

The Life System quantum technology has found a way to de-energize unhealthy patterns by using positive input, or frequencies, to cancel the negative, dysfunctional imprints or patterns. By utilizing a principle similar to the technology of noise cancellation in airport headphones, it is possible to nullify unhealthy patterns by introducing specific and highly accurate inverted waveforms. This gives us the ability to deprogram the reaction to an allergen, for example, as well as to reinforce the body's own defenses.

In less than five minutes, **The Life System** scans the body and provides feedback from the organs, glands, blood, nerves, digestive, respiratory, circulatory and lymphatic systems, eyes and ears, bones and muscles, thoughts and feelings and more.

My intuitive skill and background of knowledge then interface with **The Life System** to deliver the most appropriate sequence of vibrational frequencies for your healing.

Partial Program List

The Life System program follows the natural energetic flow of the body. It measures the client's response to thousands of compounds or potential stressors and provides the practitioner with specific wellness frequencies to support healing: physically, emotionally and spiritually.

THE REACTIVITY TEST SCAN INCLUDES:

- Genetic Predisposition
- Food Sensitivities and Allergies
- Nutrition, Vitamin and Hormonal Deficiencies
- Spinal Energy Flow
- Heavy Metal Toxicities
- Viruses, Bacteria, Fungi, and Parasites
- Environmental Factors
- Mental and Emotional Stressors
- Brain Wave Patterns
- Vaccination Damage
- Dental Challenges
- Weight Factors
- Addiction Patterns and more

THE LIFE SYSTEM PROVIDES CORRECTIVE VIBRATIONAL THERAPIES INCLUDING:

- Acupuncture and Meridian Therapy
- Allergy Desensitization and Nutritional Analysis
- Spinal Flow Adjustment
- Homeopathic Medicine
- Flower Essences and Gemmo Therapy
- Detoxification Therapies
- Weight Loss and Cosmetic Enhancements
- Stress Reduction/Addiction Management
- Sports Injuries and Pain Control
- Emotional Investigation and Balancing
- Learning Disorders and Concentration
- Chakra and Color Balancing
- Rife-Like and Other Proprietary Energetic Frequencies
- Pet-Specific Therapies & More